



## DR GUS

I am a GP/wsi Sports Medicine and Pain Medicine and vocational osteopath. I enjoy the challenge of helping athletes and teaching & learning as faculty of an international university Pain diploma.

## PROUD OF

- Past medical director of Andalusian Karate Federation.
- Established and worked successful practices in Spain and Dubai.
- Sport Physician for Asian Indoor Games (AIMAG 2017) in Turkmenistan.
- Faculty member for international pain diploma in UAE and Korea.
- Frequent lecturer on pain and MSK medicine.

## LANGUAGES

- **Español** (Native)
- **English** (Native)
- **Français** (Advanced)

## CONTACT



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# Dr GUSTAVO REQUE RYDBERG

Sports Medicine - MSK Pain Medicine - MSK Ultrasound

## EDUCATION

<b>2020</b> Lausanne, CH	<b>IOC Diploma in Sports Medicine – IOC Dip Sp Phy</b> International Olympic Committee
<b>2015</b> Murcia, ES	<b>Postgraduate Diploma in MSK Ultrasonography</b> Universidad Católica San Antonio de Murcia
<b>2012</b> Sevilla, ES	<b>Postgraduate Diploma in Ozone therapy</b> Universidad de Sevilla
<b>2008</b> Salamanca, ES	<b>Master’s Degree in Pain Management</b> Universidad de Salamanca
<b>2007</b> Tenerife, ES	<b>Master’s Degree in Sports Medicine</b> Escuela Servicios Sanitarios y Sociales Canarias
<b>2006</b> Bordeaux, FR	<b>DIU Médecine Manuelle et Ostéopathie</b> Université Victor Segalen, Bordeaux II
<b>2000</b> Madrid, ES	<b>Licenciado en Medicina – LMF Medicine</b> Universidad Complutense de Madrid

## EXPERIENCE – Summary

<b>Aug 2020 - Present</b> Dubai, UAE	<b>Zia Medical Center</b> Lead Physician Sports Medicine, Pain Medicine. Lead Physician, Sports, MSK and Pain Medicine. Diagnostic and interventional MSK ultrasonography. Medical osteopath. Credentialed ImPACT Consultant (CIC).
<b>Apr 2013 – Aug 2020</b> Dubai, UAE	<b>UPANDRUNNING Sports Medical Centre</b> GP/wsi Sports Medicine, Pain Medicine Member of multidisciplinary team of medical, surgical and allied health professionals delivering treatments to professional and recreational athletes as well as general population.
<b>May 2014 – Ongoing</b> Seoul, Korea	<b>International Pain Diploma – University of Montpellier</b> Faculty Member – Docent Faculty member for university diploma “ Interventional Analgesia” sponsored by the University of Montpellier in Dubai (2014-2017) and Seoul, Korea (since 2017).
<b>Sep 2017</b> Ashgabat, Turkmenistan	<b>Asian Indoor and Martial Arts Games (AIMAG) 2017</b> Sports Medicine Physician for Organizing Committee Sports medicine physician at policlinic of AIMAG 2017.
<b>June 2016 – June 2018</b> Dubai, UAE	<b>Healthbay Clinic</b> GP/wsi Sports Medicine Physician, Pain Medicine. Service lead of Sports medicine and MSK department. Coordinated the service within a multidisciplinary team of more than 50 physicians.
<b>Jan 2001 – Apr 2013</b> Málaga, ES	<b>Andalusian Karate Federation – Málaga Delegation</b> Co-Medical Director Supervised and coordinated the athlete care for all training events and official competitions. Led in-house training and education for allied health professionals.
<b>Sep 2000 – Apr 2013</b> Marbella, ES	<b>Centro Reque Marbella/Málaga (Private practice)</b> MSK and Sports Medicine Physician. Co-Medical director. MSK/Sports Medicine physician and medical osteopath.